

Introductory session plan for the SSEP Business Studies model

TIME	ACTIVITY	RESOURCES REQUIRED	NOTES
5 minutes	Classroom set-up	Tables grouped around the room – 1 chair for each student in each group plus an empty chair at each group for a mentor. Also set up a row of chairs at the front for the mentors.	Encourage the students to come prepared for the session with a prototype or photos/drawings of ideas to show the mentors
5 minutes	Introducing the session and purpose of the business mentors	The Business Mentoring Tips resource may be helpful to refer to under ' Employer tips and ideas ' in the PLANNING section of the SSEP Resource Centre	
3 minutes	Play student SSEP video	Introducing students to SSEP video in the VIDEO LIBRARY section of the SSEP Resource Centre	
15 minutes	Mentor introductions 	Starting at the front of the room, mentors stand up one-by-one and introduce themselves, their organisation and a brief overview of their career path (2 minutes each)	Teacher will need to keep mentors to time
25 minutes	Speed coaching. Mentors are allocated a group for the first 5-minute round and then move to a different group for each following round. 	A bell or some other signal to move the mentors on to the next group can be helpful.	Each mentor spends 5 minutes with each group discussing their business ideas. Teacher will need to keep groups to time and tell mentors when they need to meet the next group. Remind students to shake the mentor's hand and introduce themselves. Students keep a note of the name of any mentor/s they may particularly like to work with.
Afterwards	Team mentor matching 	Any student/mentor preferences; mentor email addresses	Teacher matches student groups to mentors, notifies mentors who their group is and when the class times are. Students email their mentor to make initial contact and invite them back into the class the following week for their first mentoring session.