

## Resource 12

### Teacher copy

# Nadia Lim, celebrity chef and owner of My Food Bag

Watch the Nadia Lim video <https://youtu.be/zl6Abirx4FQ> (3 minutes). In groups, pairs or individually students answer the worksheet questions as the video plays.

1. What was Nadia's goal when she was 12?  
(To be a TV chef like Jamie Oliver)
2. What did Nadia find she was best at in school?  
Cooking
3. What was the original goal for Nadia's business?  
To answer the problem of people not knowing what to cook for dinner
4. What does she want the impact of her business to be now?  
For families/children to learn how to cook from scratch for better health outcomes

Discussion as a class, in groups or pairs:

Do you think Nadia Lim is successful?

- What makes her successful (or not)?
- If Nadia hadn't got on Masterchef, what other steps could she have taken to realise her dream of being a TV chef?
- Who do you think might have helped Nadia along her journey from being a 12-year-old student to being a celebrity chef and business owner?