

Resource 15

Student worksheet

Talking to whānau about careers

Planning for your conversation:

1. Choose an item from the 'Stay on Track' student workbook that you are going to need to discuss with your caregivers. (*Pick the one that you feel is going to be the most difficult conversation or is most important to you*)
2. Use the table below to prepare for the conversation.

Item for discussion:

What do you want to get out of the discussion? (*e.g. help, their blessing, financial support?*):

List your key points to support your argument including:

- why do you want/need to do this?
- possible benefits to your and/or your whānau's future
- possible solutions to any concerns you think they may have

What can you offer to do or contribute that might make it easier for them to say yes?:

If the conversation goes well that's awesome! Remember to thank your caregivers for their support.

If the conversation starts to get heated or doesn't go as you hoped, try to keep calm and finish the conversation by:

- a) asking if you can revisit the conversation in a few days so you can both go away and think about different options, *or*
- b) ask if they can help you come up with a solution that works for everyone, *or*
- c) ask if they can think of anyone else who might be able to help you.